

# New Life Center for Mothers and Children

October 2024



## Steph's Story

Hi! My name is Steph, and I am 23 years old! There's so much I want to say...but first I want to share with you two of my life verses. John 8:34-36 And psalms 42:1

Now let's get to the nitty gritty. At 15 I was on my own- living with a friend. Going to school in MD while my mom was in PA. My dad only lived a few blocks away from me, but we weren't on speaking terms. This nasty cycle started about a year before moving in with my friend where I literally did what I wanted no matter what anyone said. This girl was filled with so much hurt, anger and betrayal. I was very ignorant and made a lot of mistakes during this time. I grew up as a violent child so this ended up being a part of my life outside of the home. I would get into physical altercations just because I fed off the thrill and adrenaline and I was failing all of my classes, skipping school, or sneaking out of school shortly after arriving.

One random day my mom rolled up with the police to take me back to PA with her. I had such a disconnect between my parents at this time that even though it was the right thing for me to go with her- my heart was hardened and I wanted nothing to do with her. I started making suicidal threats, cussing her out just being all out ugly and disrespectful; of course she won that battle. We get to PA and BAM! I've never lived somewhere so country!! I couldn't believe seeing the horse and buggy's riding down the street and how small the town of Glen Rock was; not to mention my new high school was tiny. I was shell shocked to say the least. I know now what I didn't know then- I NEEDED THIS. I was so used to the fast life I NEEDED the slow stillness of the country. He began to take me out of this hectic mindset with so many distractions and put me in the middle of nowhere physically and spiritually. I was desolate. This was a slow dreadful process for me- I didn't know just yet but the Lord was already doing what he does best! What the Lord did was started to orchestrate the path for me to meet my now husband. When we met, I started going to youth group with him. The motives were wrong BUT God used that to start softening my heart. His dad was the youth pastor at the time, and every time he preached it could be applied to my life which blew my mind and sparked interest. What really got me though was when I finally went to a service with them for the first time. His parents were guest speakers at a church sharing their testimony. I barely knew them but as they spoke my heart turned from what felt like stone to a pile of mush. For the first time I understood what the power of Jesus Christ's love can do, and that no matter how far gone we are or how big our mistakes, if we repent with our hearts/actions the Lord will forgive us and set us free. This WRECKED me. I never experienced a love like that- I didn't even know it was possible. So, the Lord captivated me ever since that day. I was only 16 years old and my interest grew tremendously, but during this I was still halfway in the world and the first chance I got I found access to the same things I was struggling with in MD. Drugs, alcohol and fighting. When I moved to PA I stopped caring for myself my first year here. I wasn't eating, I started abusing a prescription and I was drastically losing weight. At 17 years old I hit 83 pounds, and at this point there was no hiding it from my loved ones. Something was clearly wrong, but I would never tell them the truth. I went into psychosis due to the prescription drug abuse. I was under a STRONG demonic attack, and the only time I felt safe was when I slept with my Bible. Over time I started living for Him, losing worldly friends and making better life choices through very small baby steps. This was so hard because my husband was still in the world. We had a lot of issues at that time- young, dumb and "in love." There were times I back slid, times I relapsed certain behaviors or addictions, but the Lord knew that wasn't my destiny. He was patient with me. And now here I am almost 7 years later fully surrendered to Him. There's not a single thing or person that will turn me away from God, and I know my life's purpose is to spread the Gospel. To show people it's never too late or too early to start. Now I am a pastor that works part time with teenagers at a faith-based ministry and I am full time senior staff at New Life for mothers and children. A little over a year married to the love of my life and soulmate starting our own family living a BEAUTIFUL life. It has been an honor and a privilege to be able to be a part of building the Lord's Kingdom. It took a lot to get here. Good, bad and ugly. but I wouldn't change it for a thing! It was SO WORTH IT!! I am so grateful and blessed to have been made new! He has completely transformed by identity from the inside out! ❤️





## A Note from the Executive Director

Greetings in the name of our Lord and Savior, Jesus Christ! As I sit at my desk writing and talking with the Lord, I can hear in the background our women practicing for an upcoming choir event and I am so overjoyed at the sound of their freedom!! Here is the thing, when a woman and child walk through our doors it isn't because they have it all together, in fact, most are completely broken in pieces. They are shattered and vulnerable to the schemes of the enemy! Most have had their voices taken from them, they feel insignificant, they are wounded and need THE Savior who can heal them and make every crooked path in their lives straight! He heals them in EVERY WAY! Their children are desperate to have their mothers healed; and the truth is, it is crucial their moms find Jesus so that the generational strongholds can be broken in their lives. Jesus is the answer! His blood speaks a better word! When a mom who was once lost and broken gives her life to the Lord and begins to walk in the authority the Lord has given her, she will go to war for her children through the Spirit and things that once negatively chiseled away at her identity begin to break, and He redeems what has been stolen from the enemy! NLFMC is not just a haven for struggling women, but a safe place for children to be protected, to heal, and to have an opportunity to meet Jesus for themselves!! We MUST focus on the children because they are the next generation of believers who we will pass the baton to, to bring the Gospel to all four corners of the earth! I am thankful the Lord gave my family the same chance through this ministry! Because I was given the same chance to enter the doors of this ministry, my children have been given the chance at a new life and know Jesus as their Father. The challenges we face sometimes dim the truth in what God has already done! We MUST remember that if all He did was die on the cross it was enough, but because He is such a loving God He has done exceeding and abundantly more than we could ever have thought or imagined! When we think in this light, we can remember to be thankful in and out of every season of our lives! Even the hard ones! Thank Him for the valley! Why? Because we know what He is capable of when we place our complete trust in Him! When your vision is dimmed just say His name and ask Him to help you remember! He is the God of the impossibilities! The holidays are approaching, let's keep our hearts fixed on why we are thankful, and prepare to celebrate our KING and the reason He was given life here on Earth! Remember, His life was given so we could come to know Him, and He died to make it possible so that we may live eternity with Him in Glory!! We are forever grateful for every one of you who say yes to the Lord and how He uses each of you to sow your time, your prayers, and your finances! It does not go unseen, first HE SEES, and then we see! We know you are just as much a part of this ministry as we are, and we are humbled by your generosity! May the Lord of hosts continue to bless you, your families, and everything that you say yes to, to better the Kingdom at hand. Let's continue to push back the darkness through our faith and believe together for the redemption of lost souls!



MARCH  
**22**  
SATURDAY

# WOMEN OF VALOR Conference

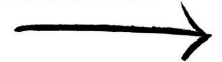
Guest speaker

**DETAILS TO FOLLOW**

*Given in honor of Megan Mundy to benefit New Life Center for Mothers and Children.*

**FREEDOM COMMUNITY CHURCH | \$25 TICKET**  
205 S MAIN ST, SHREWSBURY, PA 17361

Register here



## Needs List:

- Gas Cards
- Paper Towels
- Toilet Paper
- Oil change gift card
- Trash Bags (13/33g)
- Computer Paper
- Stamps



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